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NEW YORK • Monday, November 7, 2011

THERE'S NO SUCH THING AS A FREE LUNCH.

OR IS THERE?

Discover Korea's Delicious Secret

INTRODUCING...FREE LUNCH SWEEPSTAKES

Korean Food Foundation Launches Free Lunch Sweepstakes

Have you ever heard the expression "there's no such thing as a free lunch?" Well, now there is! Now through November 23rd, New Yorkers have a chance to win a catered Korean lunch for 20 people in their office in the Korean Food Foundation's Free Lunch Sweepstakes.

Five winners will be chosen daily and every entry to the Free Lunch giveaway will generate $1.00 to Action Against Hunger — a global humanitarian organization working to save the lives of malnourished children while providing safe access to water and sustainable solutions to hunger.
To enter, visit **facebook.com/tasteofkoreanyc**.

Lunch deliveries will consist of traditional and contemporary Korean dishes — ranging from bulgogi and japchae to fried chicken and kimchi tofu patties. The food will be prepared by one of nine popular NYC Korean restaurants.

This exciting program is an effort to showcase Korean food as a healthy, well-balanced alternative to your usual lunch options. So whether you are looking to try a delicious new cuisine, impress a co-worker or are just strapped for cash, enter the Free Lunch Sweepstakes today and discover Korea's delicious secret.

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New York, NY 10019
(212) 315-0033

DO HWA
55 Carmine Street
(bet Bedford & 7th Ave)
New York, NY 10014
(212) 414-1224

DON'S BOGAM
17 E 32nd Street
(bet 5th Ave & Madison)
New York, NY 10079
(212) 683-2200

FRANCHIA
12 Park Avenue
(near 34th St)
New York, NY 10016
(212) 213-1001

KANG SUH
1250 B-way
(bet 31st St & 32nd St)
New York, NY 10001
(212) 564-6845

KUNJIP
9 W 32nd Street
(bet 5th Ave & B-way)
New York, NY 10001
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MONO + MONO
116 East 4th Street
(bet 1st & 2nd Ave)
New York, NY 10003
(212) 466-6660

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10 W 32nd Street
(bet 5th Ave & B-way)
New York, NY 10001
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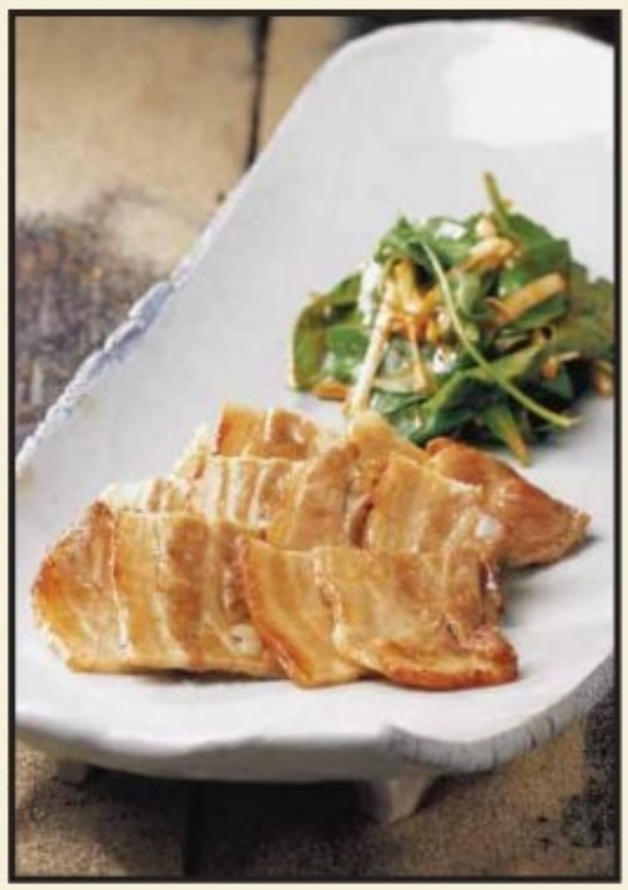

END OF THE ROAD?
NOT EVEN CLOSE
MUSIC {page 18}

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NFL. Giants

GETTY IMAGES

▶ Manning celebrates after throwing the go-ahead touchdown to Jake Ballard.

You can't spell 'elite' without E-L-I

Eli Manning drove the Giants for the game-winning touchdown with 15 seconds left in a game eerily reminiscent of Super XLII. {page 27}

OWS amps up internal anti-crime crackdown

▶ After rash of crime, protesters mulling checkpoints and ID cards ▶ Women-only tent erected {page 02}

News

Can Cain outpace the stain?

▶ Sexual harassment claims take poll toll on Herman {page 08}

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In the news

Man killed by train

A man was killed by an uptown 6 train yesterday morning. The man reportedly was hit at the Bleecker Street station around 9 a.m. by a train traveling to the Bronx, in what officials said was an apparent suicide. The man was pronounced dead at the scene. METRO/AB

www.metro.us

ONLINE TODAY

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IS KIM HAVING SECOND THOUGHTS?

WWW.METRO.US/TV
CAN 'RAISING HOPE' GET AWAY WITH IT?

WWW.METRO.US/MOVIES
MEOW! SALMA HAYEK TALKS 'PUSS IN BOOTS'

PHOTOS: ALISON BOWEN/METRO

▶ A group discusses whether Occupy Wall Street needs measures like identification cards yesterday at Zuccotti Park.

Occupiers work to fix Zuccotti Park security

After reports surface of crime in the park, protesters brainstorm new ways to increase OWS security ◐ Group is considering checkpoints, ID cards ◐ Some want to tell repeat offenders, 'We don't want you here'

In the wake of crime reports at Occupy Wall Street, including alleged rapes at the camp, protesters met yesterday to discuss how to better secure Zuccotti Park.

Some discussed the idea of issuing identification cards for protesters to better establish who belongs in the camp — and who doesn't.

"I am concerned about other people's safety here," a man told the group yesterday afternoon.

A woman suggested checkpoints like those she saw at Cairo's Tahrir Square, where volunteers posted at the perimeter asked everyone entering a few questions, such as why they came.

Keeping a list of repeat offenders would allow protest security to say, "We don't want you here," demonstrator Priciano Pierre said.

Following reports of sexual assault, the camp erected a tent solely for women on Friday. Last week, protester Tonye Iketubosin, a 26-year-old kitchen volunteer, was arrested for sexually assaulting a woman, joining a list of others arrested since the protest began Sept. 17.

Alysa Boone, 17, traveled from Pennsylvania with her mother, and slept in the women's tent Saturday night. "I felt safe," she said. Someone was always outside monitoring the tent, she said.

Emily Rappaport, 21, heard about crime before she arrived, but was not dissuaded. "It made me nervous," she said, but bunked with two guy pals.

▶ The women-only tent can sleep a dozen people.

"There's a few strange people around, but you've just got to know your boundaries."
JENNA MCAULIFFE, 37

ALISON BOWEN
alison.bowen@metro.us

Arrests timeline

Crimes in Zuccotti Park, from the NYPD:

- **Oct. 11:** Cops arrested Connecticut resident David Park, 27, and charged him with sexual abuse. Officials said he was also facing outstanding warrants for open containers. "He's occupying Rikers now," police spokesman Paul Browne said.
- **Oct. 22:** Officers arrested Garfield Leslie, 19, a Brooklyn resident, and charged him with trying to sell drugs. Cops said Leslie punched a woman who refused the drug offer, as well as a man who tried to help. He was charged with assault.
- **Oct. 28:** Cops said Dustin Taylor, 34, an Ohio resident, threatened a television reporter with a ballpoint pen while threatening to "stab you in the f—ing throat" and ripping the microphone out of the reporter's hand. He was charged with menacing.
- **Nov. 3:** Cops arrested Christopher Geiset, 38, and charged him with assault after they said he punched another protester.

'Batman' continues FiDi filming

LOWER MANHATTAN. Police and protesters clashed on Wall Street over the weekend — but no, it wasn't part of Occupy Wall Street. "The Dark Knight Rises," the new Batman movie set to be released next summer, filmed Saturday and Sunday in Lower Manhattan and, as part of the flick, Gotham City cops fought with protesters. Christian Bale, who is resuming his role as Batman, was on set Saturday. The film will be shooting in New York for another two weeks. METRO/CB

▶ The alleged robbers

Subway thieves case 53rd Street

MIDTOWN. Train thieves are stealing cellphones and specifically targeting female straphangers at the Seventh Avenue-53rd Street station, according to police. Police said the suspects yank the phones away from their victims while the train doors are open. Victims include a 22-year-old woman waiting on the uptown B train platform and a 27-year-old woman who was robbed as she entered the station on an E train. The robbers struck four times in the past two weeks. METRO/AB

Third victim dies in crash

NEW YORK. A third woman succumbed to her injuries from last month's helicopter crash in the East River. Harriet Nicholson died yesterday morning, according to the Post. The helicopter she was in crashed Oct. 4, killing her daughter. Her daughter's partner also later died. METRO/AB

Photo provided courtesy of: GeoEye

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Records shattered at NYC Marathon

Kenyan crosses finish line after two hours and five minutes yesterday Beats 10-year record for race

GETTY IMAGES

▶ Geoffrey Mutai crosses the finish line.

Geoffrey Mutai of Kenya led the top three home in record-breaking time at the New York City Marathon yesterday while Firehiwot Dado of Ethiopia came from behind to claim the women's title.

Mutai burst from the leading pack at the 20-mile mark to win in two hours, five minutes, six seconds — more than two and a half minutes faster than the previous course record of 2:07:43 set in 2001 by Ethiopian Tesfaye Jifar.

Second behind the Boston Marathon winner was Emmanuel Mutai, no relation to his fellow Kenyan, who completed the race in 2:06:28.

Third place went to Olympic bronze medallist Tsegaye Kebede of Ethiopia, who was also faster than the old record in 2:07:14.

GET MORE METRO ONLINE: WWW.METRO.US

The women's race on a glorious autumn day was more dramatic, with Dado overtaking fading front-runner Mary Keitany of Kenya in the final mile.

Dado made up a deficit of more than two minutes to win, clocking 2:23:15.

This year, more than 47,000 participants ran the race, the largest turnout ever. Race organizers said popularity is so high they're mulling making the NYC Marathon a two-day event next year. REUTERS

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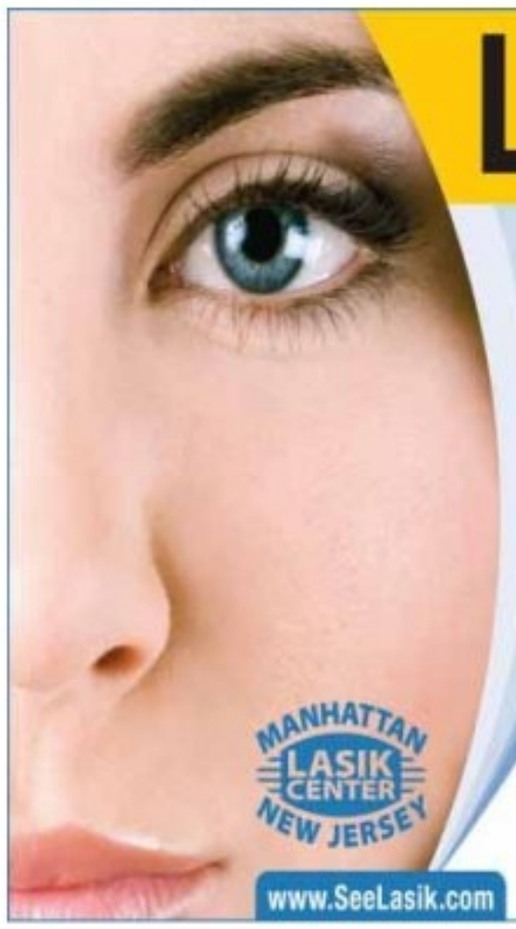

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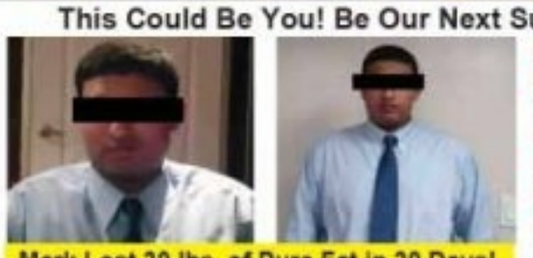

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EMILY ANNE EPSTEIN/METRO

▶ Two fighters duke it out in the cage Saturday night at an undisclosed location.

Saturday night's alright for secret MMA fight club

Sen. John McCain thinks of mixed martial arts as "human cockfighting." Former New York Gov. George Pataki once described it as "barbaric."

But MMA lured more than 100 people this past Saturday night to a downtown Manhattan gym. They came to watch men slug it out in a secret mixed martial arts cage fight.

The rules are simple: No biting. No kicks to the groin. The fighters wear no pads, no helmets and only wrap their hands in thin, four-ounce gloves to protect against broken fingers — caused by brutal hits to the face and head. The goal is to punch and kick your opponent into submission. Yes, chokeholds are permitted.

New York is the only state in the nation where MMA fighting remains illegal. But that hasn't stopped promoters from organizing about six underground MMA fights a year throughout the metropolitan region, according to Jim Genia, who chronicles the underground world of MMA in his book "Raw Combat."

The fights are often held in the outer boroughs — at a boxing gym in Brooklyn, or warehouses in the Bronx and once even at a mosque.

Every year New York state legislators mull the idea of sanctioning the sport, possibly as a lucrative source of tax revenue. But many in Albany continue to dismiss MMA as too violent.

"The politicians are idiots," said Josh James, a New Yorker who took in Saturday night's fight. "It's a sport. If it wasn't, you'd just watch a couple guys go fight behind a bar."

Fans like James defend MMA as far safer than boxing. Fighters can "tap out" if they feel defeated, as one did Saturday night, or a referee can call the fight if a fighter is badly injured.

The next fight is in December and you're welcome to watch — if you can find out where.

CARLY BALDWIN
carly.baldwin@metro.us

The first rule is ...

Five rules of underground MMA fights:

- No biting
- **No eye-gouging**
- No fish-hooks to the mouth
- **No hair pulling**
- No groin strikes

MORE PHOTOS ONLINE: **WWW.METRO.US**

▶ Figueroa

Boxing, the real danger?

NEW YORK. "When I talk to someone who's been boxing for a long time, sometimes they can't really talk — they're always getting hit in the head," said fighter Jonathan Figueroa, who won his match Saturday night. "But in MMA, I could get hit in the arm, the legs. It's much less dangerous." METRO/CB

MSG the goal

NEW YORK. Peter Storm has been promoting underground MMA fights in New York since 2003. "Hopefully what I do gives people the courage to step up and say to Albany, "'This should be going on at Madison Square Garden,'" Storm said Saturday. METRO/CB

Serving up some good will

Largest food bank in the nation provides 400,000 meals a day, 5.4 million a year to those in need

1: Log on to www.metro.us and look for this Metro Magic logo:

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The Food Bank's nutrition education program, CookShop, reaches 35,000 children in the public school system.

As our office slowly fills with toys as part of the Metro Magic holiday toy drive, Metro will be partnering with several nonprofits in the city to distribute the toys to needy New York City children.

One of the groups we're working with is the Food Bank of New York City.

In the past 28 years since its founding, the Food Bank has grown beyond its initial mission to provide meals to those in need.

In addition to providing hundreds of thousands of meals daily, the Food Bank recently started an income support program, which includes food stamp outreach and free income-tax services.

"We're working with banks to teach [people] how to save money," said Margarette Purvis, president and CEO of the Food Bank. "It's the same concept as when we first started. We're responding to the needs of people."

Purvis said it is important to realize the food bank was started by New Yorkers who saw a need in their city and took action. The nonprofit was founded by Liz Krueger, who went on to become a New York state senator.

The organization, which now serves an estimated 5.4 million meals each year, grew to become the largest food bank in the country.

MARY ANN GEORGANTOPOULOS

Learn more

- The food bank provides 400,000 free meals a day to hungry New Yorkers.
- It serves more than 1,100 emergency food programs, senior centers and day care centers
- In July 2007, FoodChange Inc. became a subsidiary of the Food Bank.
- In 2008, it became the first organization to receive a second Hero Award from Robin Hood Foundation.
- 94 percent of donations go directly toward food distribution, acquisition and programs in all five boroughs.

BLACK FRIDAY GIFT GUIDE

Don't miss Metro's annual insider's guide featuring a complete listing of Black Friday door busters. The sales are insane but the crowds are just crazy. We'll list all deals and steals so that you can lay out your perfect holiday shopping.

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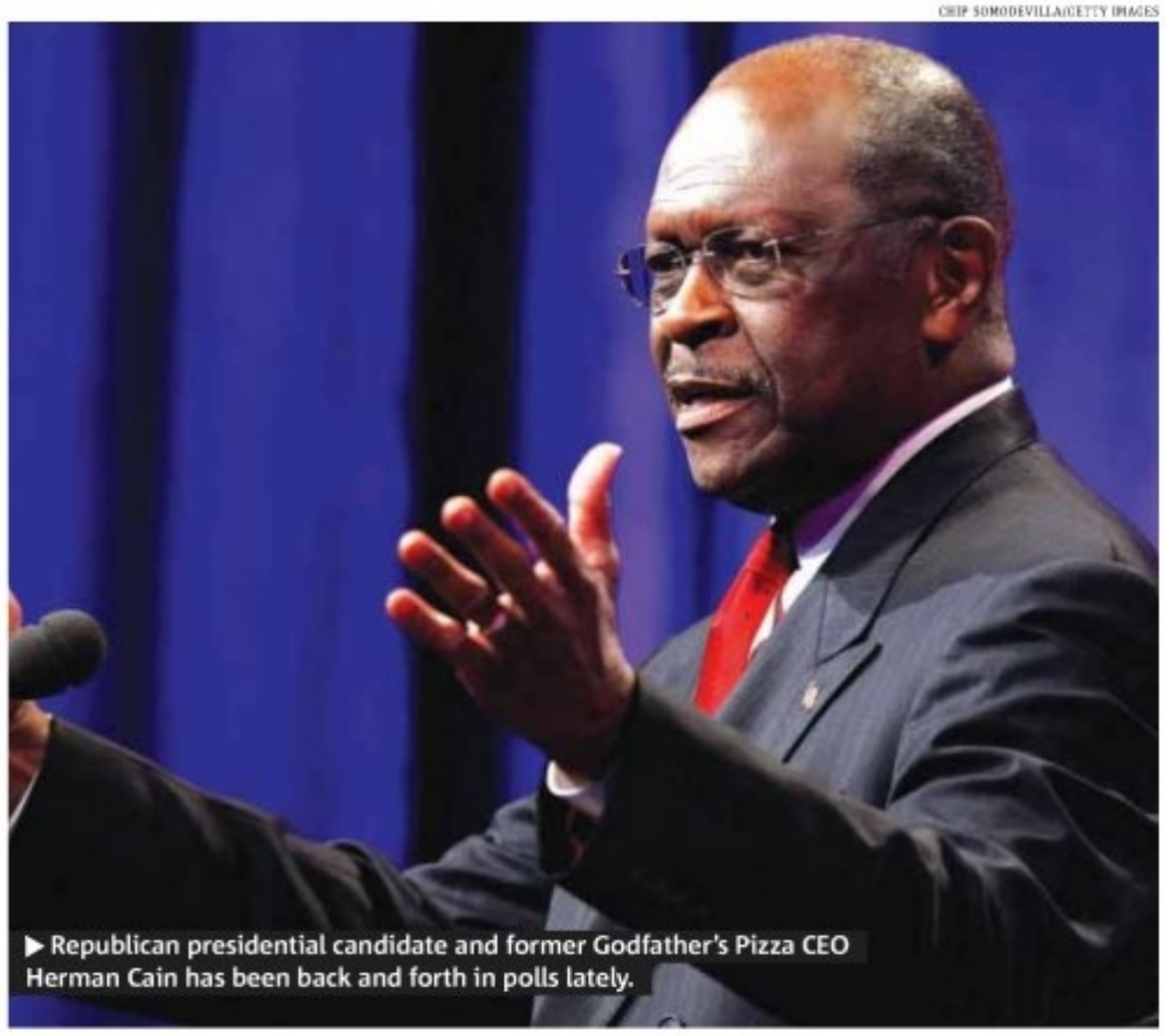

▶ Republican presidential candidate and former Godfather's Pizza CEO Herman Cain has been back and forth in polls lately.

Will harassment scandal be the mark of Cain?

The out-of-nowhere GOP presidential front-runner is down in the polls following decade-old allegations of harassment ◐ Rival Ron Paul thinks it's no big deal

Allegations that Republican presidential candidate Herman Cain sexually harassed women in the 1990s have begun to damage his bid for the White House, a Reuters-Ipsos poll found.

The poll showed the percentage of Republicans who view Cain favorably dropped 9 percentage points, to 57 percent from 66 percent a week ago.

Among all registered voters, Cain's favorability declined 5 percentage points, to 32 percent from 37 percent.

The survey represents the first evidence that sexual harassment claims dating from Cain's time as head of the National Restaurant Association have taken a toll on his presidential campaign.

A majority of respondents, 53 percent, believe sexual harassment allegations against Cain are true despite his denials. Republicans were less likely to believe they are true, with 39 percent thinking they are accurate.

"The most striking thing is that Herman Cain is actually seeing a fairly substantial decline in favorability ratings toward him particularly among Republicans," said Ipsos pollster Chris Jackson.

The 65-year-old Cain, a former pizza company executive with no experience in political office, has been running neck and neck with former Massachusetts Gov. Mitt Romney for the lead in polls of Republicans considering who will be the nominee to face Democratic President Barack Obama next year.

At least three women have accused Cain of sexual harassment from his time as the restaurant industry's top lobbyist. Cain has given conflicting accounts of the cases but insists the claims were baseless. REUTERS

Not important?

Republican presidential candidate Ron Paul said on "Fox News Sunday" that the media went too far in covering the allegations, distracting voters.

▶ "The media blew this way out of proportion," Paul said. "There are a thousand stories out there and I think that dilutes the real debates."

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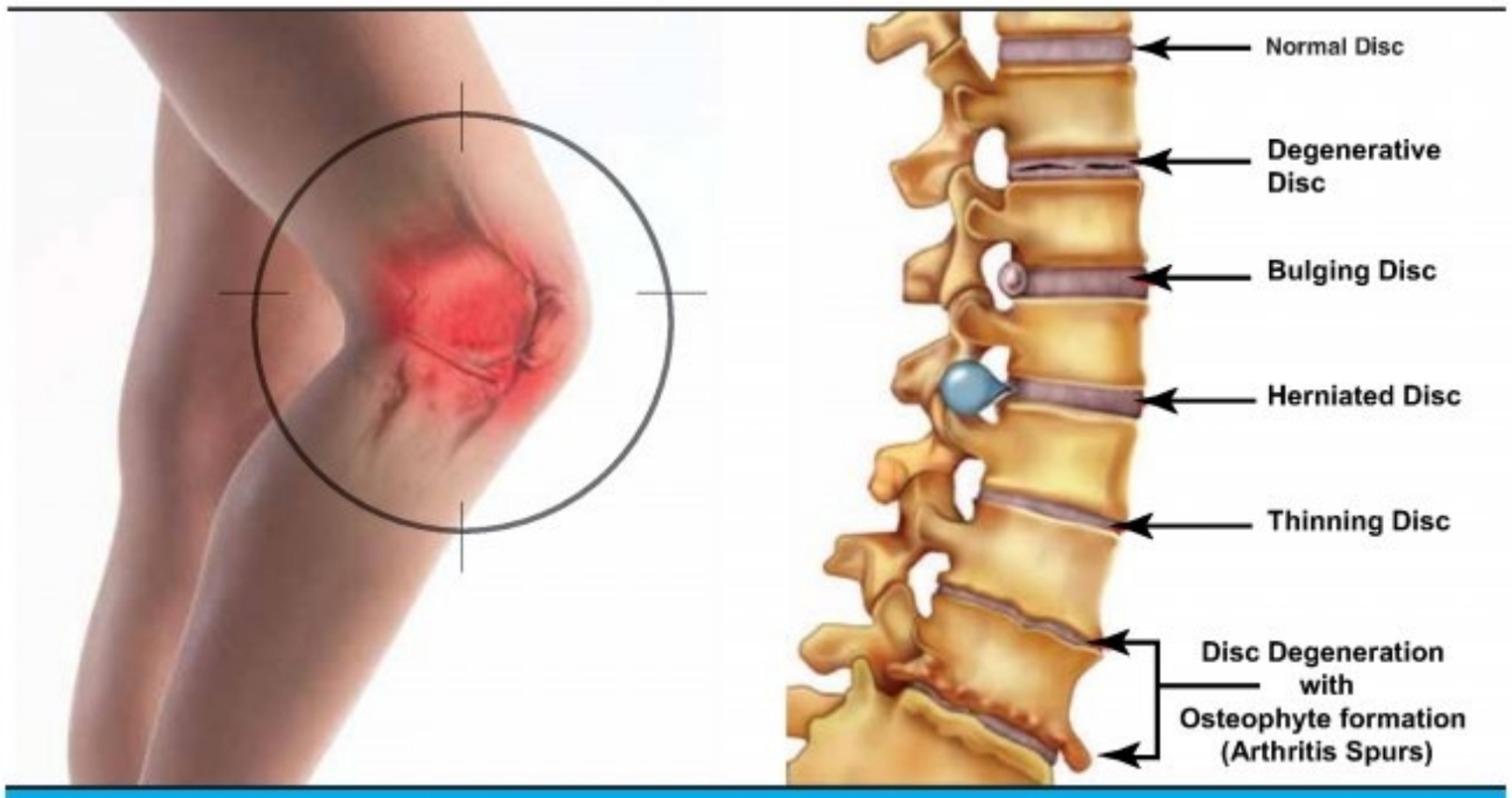

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Top general: Be open on Internet war

"You can't have something that's a secret be a deterrent. Because if you don't know it's there, it doesn't scare you." CARTWRIGHT

WASHINGTON. The United States should be more open about its development of offensive cyber weapons and spell out when it will use them as it grapples with an increasing barrage of attacks by foreign hackers, the former No. 2 uniformed officer in the U.S. military said.

"We've got to step up the game; we've got to talk about our offensive capabilities and train to them; to make them credible so that people know there's a penalty to this," said James Cartwright, the four-star Marine Corps general.

Current and former U.S. officials are tight-lipped about any specific weapons. But it is widely acknowledged the United States has both offensive and defensive ways to respond to escalating and increasingly destructive attacks from overseas. REUTERS

DAVID MCNEW/GETTY IMAGES

Occupy movement. Credit unions

▶ Molly Hawkey moved her money from a bank to a credit union this week in what is being called Bank Transfer Day.

Customers leave banks

Tens of thousands of Americans closed bank accounts and moved their money to credit unions this weekend in a Facebook campaign that has gathered momentum from anti-Wall Street protests, an industry group says. "I've been shocked at how many people have stood up alongside me," said Kristen Christian, 27, who popularized the idea. REUTERS

Greek PM out over bailouts?

▶ Papandreou

ATHENS. The EU gave Greece 24 hours yesterday to explain how it will form a unity government to enact a bailout agreement, and Prime Minister George Papandreou said he did not want to lead it, the closest he has come to meeting opposition calls to go.

Papandreou and his opponents have been scrambling to hammer out a deal for a unity government ahead of a meeting by finance ministers of euro countries today, to show that Greece is serious about taking steps needed to stave off bankruptcy. REUTERS

Thousands still in dark

BOSTON. Tens of thousands of homes remained in the dark yesterday a week after a historic snowstorm paralyzed the Northeast and cut power to more than 3 million customers.

The deadly snowstorm that barreled through the Northeast last weekend has been blamed for well more than a dozen deaths.

Power restoration crews were aided by dry and sunny weather during the weekend expected to continue into the upcoming week. REUTERS

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Leaders and Scholars

Earn a $2,500 Scholarship!

MetroPCS will award $50,000 in scholarship funding to local High School students.

MetroPCS, the presenting sponsor of the 2012 SNY Invitational, has established a scholarship program to assist high school students from the New York metropolitan area who plan to continue their education. Scholarships of $2,500 each will be awarded to twenty local high school students in total.

The MetroPCS Leaders & Scholars Program rewards high school students who excel in the classroom, are involved in volunteer activities and give back to their community. For more information on how to apply for the MetroPCS Leaders & Scholars program, please visit www.snyinvitational.com

Deadline to apply is November 30th!
www.snyinvitational.com

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Deadline for applications is November 30, 2011. Selection of recipients and fulfillment of all scholarships are made by Scholarship Management Services. In no instance does any officer or employee of MetroPCS LLC play a part in the selection or distribution of scholarships. All applicants accept the decision as final. All applicants whose materials were processed will be notified in January. Not all applicants will be selected as recipients.

Baghdad bombed

GETTY IMAGES

▶ Smoke over Baghdad

BAGHDAD. At least 10 people were killed when three bomb blasts rocked a busy market in Iraq's capital yesterday where people were shopping for the Muslim festival of Eid al-Adha, police sources said.

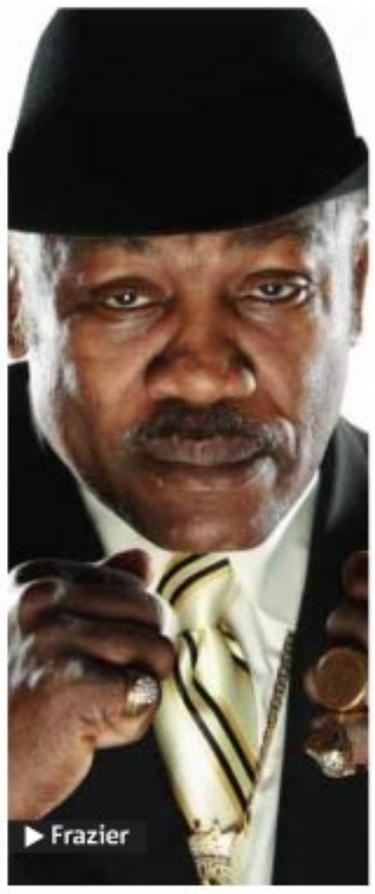
The blasts occurred in Shurja, an important commercial district in central Baghdad where shop owners and vendors sell clothes, electronics, textiles, food and other goods. **REUTERS**

Syria kills protesters

AMMAN. Syrian forces shot dead at least 13 civilians yesterday in a continued military assault on the restive city of Homs and in attacks on pro-democracy demonstrations that erupted after prayers marking the main Muslim feast, activists said.

Arab leaders have ramped up criticism of President Bashar al-Assad as the killings mounted, but are shied from demanding major political change in the country for fear chaos could ensue, given Syria's volatile sectarian divisions. Syria is dominated by Assad's minority Alawite sect while Sunni Muslims form the majority. **REUTERS**

Joe Frazier now fighting 'very serious' liver cancer



▶ Frazier

- Famous boxer faces perhaps his toughest match yet
- Manager says it's 'painful' but 'Joe doesn't give up'

Former heavyweight champion Joe Frazier, who earned boxing immortality after three epic fights with Muhammad Ali, is in hospice care with liver cancer, his manager said at the weekend.

"Smokin' Joe" Frazier, 67, was diagnosed with liver cancer about a month ago after meeting with more than one doctor and is now in hospice care in Philadelphia, his business and personal manager of seven years, Leslie Wolff, told Reuters.

"We are doing everything we can ... but I would be a liar if I did not tell you it is very serious," Wolff said.

Famous loss

Frazier lost his third fight against Ali on Oct. 1, 1975, in a fabled encounter known as "The Thrilla in Manila" when Frazier's cornerman Eddie Futch stopped the fight while Frazier fumed in the ring corner with one of his eyes swollen shut. Frazier never forgave Futch.

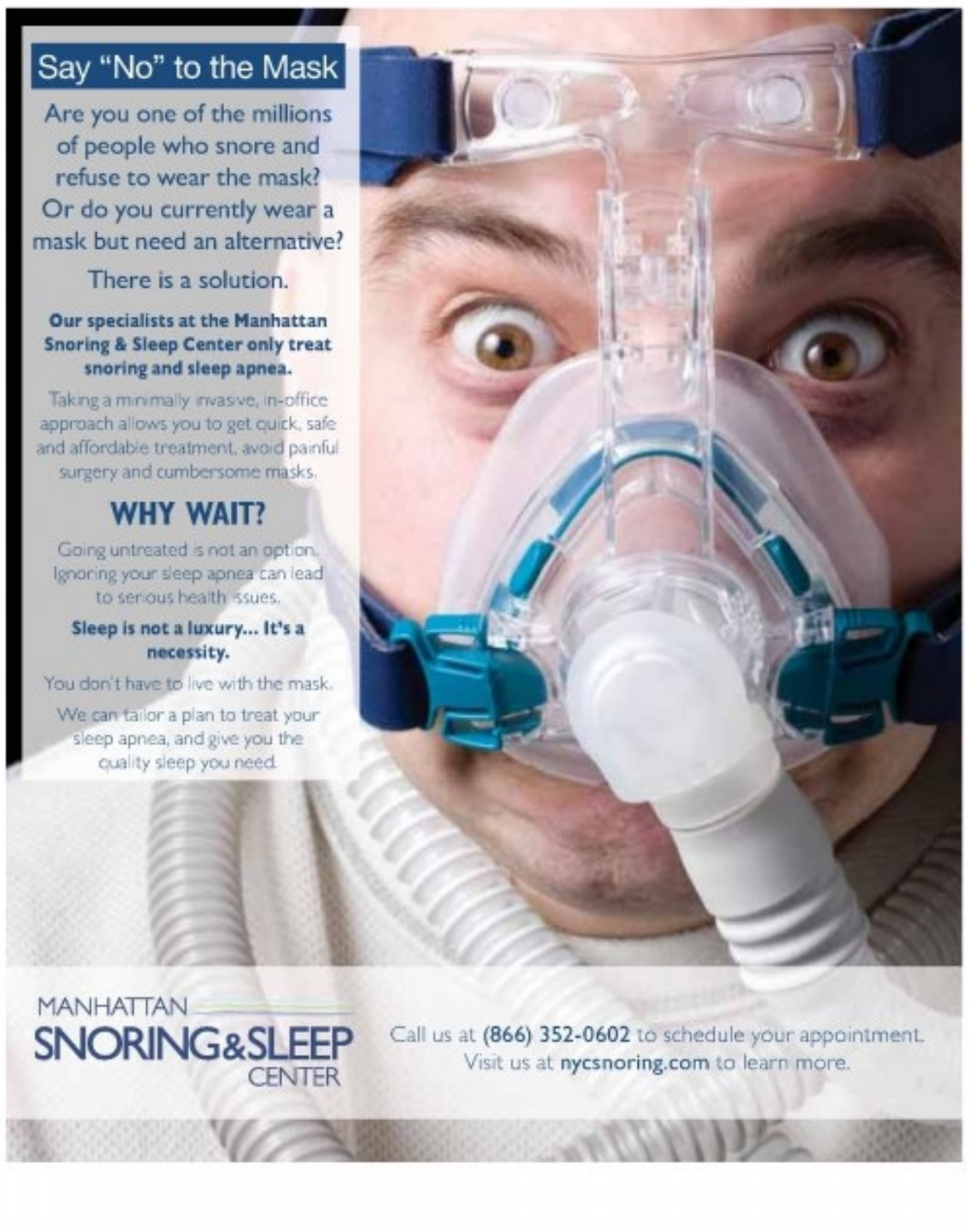
Wolff said Frazier, who won the Olympic heavyweight boxing gold medal for the United States in 1964 in Tokyo and held the world heavyweight boxing crown from 1970 to 1973, was in a "very painful and serious situation".

But Wolff added: "Joe is a fighter. Joe doesn't give up."

Doctors are still exploring various medical options for Frazier, who has 11 children.

Frazier is eternally linked with Ali thanks to their trilogy of fights in the 1970s which rank among the most famous ever in the sport. Frazier won the first and Ali took the next two.

Frazier won the world heavyweight title in 1970, knocking out champion Jimmy Ellis, after Ali had been stripped of the championship in 1967 for refusing to fight in the Vietnam War due to his Muslim beliefs. **REUTERS**



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Plus Limited Time FREE upgrade to energy-efficient SmartSun™ Glass[1]

Replacement windows *are* in the budget this year.

In our current economy, some folks have put off replacing their windows, but with 0% FREE financing for five years, you can't **afford** to put it off any longer. There isn't a bank around where you can borrow money without paying interest, but that's exactly what we're offering. Get the replacement windows every homeowner wants, while keeping more of **your** money in **your** pocket.

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BUYING 2 DAYS ONLY!

2 DAYS ONLY!

URGENT! GOLD IS SOARING TO RECORD HIGHS!

95 out of 100 times WE BEAT OUR COMPETITION Come to us and we will prove it!

FOR IMMEDIATE CASH

WEDNESDAY, NOVEMBER 9th & THURSDAY, NOVEMBER 10th!

Starting this Wednesday at these 2 convenient locations: The Hilton New York Hotel and the Marriott Brooklyn Bridge.

Jewelry, Gold & Silver Bars, Watches, Coins, Precious Metals, Sterling Silver and Diamonds!

WHY NOW IS A GOOD TIME TO SELL!

The economic downturn of the last few years has caused the price of gold, silver and many commodities to their highest levels in over 30 years. This is the best time in decades to sell your unused gold, silver, platinum and diamond jewelry at the highest prices ever.

FINE JEWELRY

All Kinds, Time Periods & Types

We will pay up to the following for rare & collectible jewelry:

Silver Jewelry	Up To	$750	Art Deco	Up To	$13,000
Brooches	Up To	$15,500	Cuff Links	Up To	$1,000
Pendants	Up To	$8,000	Pins	Up To	$5,500
Necklaces	Up To	$26,000	Rings	Up To	$16,000
Cocktails Rings	Up To	$15,500	Art Nouveau	Up To	$12,500
Charm Bracelets	Up To	$5,500	Lavalieres	Up To	$8,000
Earrings	Up To	$10,500	Garnets Jewelry	Up To	$1,000
Bracelets	Up To	$13,000	Bakelite Rings	Up To	$750
Cameos	Up To	$750	Floral Design	Up To	$10,500
Victorian	Up To	$10,500			

We Need Your Jewelry Items!

Bring in your unwanted jewelry in any condition for a free evaluation and a cash offer today!

We pay more for rare items. Many more items not listed accepted!

DIAMONDS

Instant Cash For:

1/4 Carats	Up To	$375
1/2 Carats	Up To	$1,500
1 Carats	Up To	$4,250
2 Carats	Up To	$15,250
3 Carats	Up To	$20,000
4 Carats	Up To	$35,000
5 Carats	Up To	$43,000
6 Carats	Up To	$55,000

We Need Larger Diamonds! 2 Carats and Up!

We buy all shapes, sizes & styles of cuts. Also diamonds with or without GIA certificates as well as old miners and European cuts

Bring your items in for a FREE EVALUATION!

SILVER JEWELRY

We Buy in Any Style & Condition!

Both Men & Women's Silver Jewelry Purchased

- Rings
- Earrings
- Chains
- Necklaces
- Pendants
- Bracelets
- Anklets
- Toe Rings
- Engraved

GOLD

All Types Needed Instant Cash For:

Pay up to for the following:

Chains & Necklaces	Up To	$250
Class Rings	Up To	$500
Charm Bracelets	Up To	$5,500
Wedding Bands	Up To	$250
Mountings	Up To	$750
Antique Items	Up To	$5,500
Single Flatware Items	Up To	$750
Dental Gold Items	Up To	$500
Coins & Bullion		Bring for quote
Scrap Gold		Bring for quote

We Buy Anything Made of Gold or Platinum, Even Broken or Damaged!

ALL TYPES OF COINS WANTED

We will pay up to for the following rare coins:

*U.S. Silver Halves 1934 and Older	*U.S. Three Cent Pieces 1889 and Older
*U.S. Silver Quarters 1932 and Older	*U.S. Two Cent 1873 and Older
*U.S. Silver Dimes 1934 and Older	*U.S. Indianhead 1 cent 1909 and Older
*U.S. Half Dimes 1873 and Older	*U.S. Large Cent 1857 and Older
*U.S. Nickels 1913 and Older	*U.S. Half Cent 1857 and Older

Your Coins Could be Worth Up To Hundreds — Even Thousands!

Check your items to see if you own any of these valuable coins:

U.S. Silver Halves - 1870 CC	Up To	$3,000
U.S. Silver Quarters - 1901 S Quarters	Up To	$2,500
U.S. Silver Dimes - 1885 S	Up To	$2,500
U.S. Half Dimes - 1802 Heraldic Eagle Reverse	Up To	$4,000
U.S. Two Cent - 1864 Small Motto	Up To	$1,000
U.S. Large Cent - 1803 Large Date Small Fraction	Up To	$1,250
U.S. Half Cent - 1793	Up To	$1,250

SILVER DOLLARS

We pay up to the following for rare dollars:

United States

1794 to 1803	1840 to 1873	1878 to 1904
1836 to 1839	Trade Dollars	1921 to 1935

Your Coins Could be Worth Up To Hundreds — Even Thousands!

Check your items to see if you own any of these valuable coins:

1798 15 Stars obverse	Up To	$25,000
Gobrecht reeded edge dye alignment	Up To	$5,500
1873CC Liberty Sealed	Up To	$5,500
1878CC	Up To	$15,500
1889CC	Up To	$13,000
1928	Up To	$5,500

Our Aim is to Beat Most Offers!

We Strive to Beat All Legitimate Written Offers

Before Bringing your items to us, take them to other dealers. Have them give you legitimate offers in writing. Then bring your jewelry and written offers to one of our locations. Although no one can guarantee with certainty they are paying the highest price for an article at any particular time, we will strive to beat most legitimate written offers.

Why We Can Usually Pay More Than Other Dealers

Most jewelers and dealers specialize in few items and focus on newer looking items to resell. Because they are unfamiliar with many other items including vintage jewelry, old watches, coins, flatware, etc. they tend to offer very low prices because these items are not readily saleable for them. Our company has many specialized buyers for the various classifications of items that we purchase, therefore we can usually pay more.

A Note Regarding the Up To Prices listed in this Ad

The condition and rarity of an item determines its price. If an item is in excellent condition and very rare it might be worth the up to price, or even more. However, if an item is in poor condition, the value will be lower. For example, a 1927 S Quarter could be worth $7,000 in new condition or less than $20 in poor condition. The up to price reflects items of exceptional quality and rarity. Although it is unlikely you will have these items due to their extreme rarity, feel free to bring whatever items you may have and we will evaluate them free of charge.

Customer Satisfaction

Most of our business comes from satisfied customers and referrals which includes their friends and families. Our showrooms are safe and private. Our staff is courteous and professional and we strive as a company to make your selling experience a pleasant one.

Free Admission • No Appointment Necessary
Safe & Secure • Onsite Security

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2 DAYS ONLY! WEDNESDAY & THURSDAY AT THESE LOCATIONS!

Wednesday, November 9th: 11AM-6PM
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THE HILTON NEW YORK
1335 Avenue of the Americas, New York, NY. 10019
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FULTON FERRY SUITE

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BUYING 2 DAYS ONLY!

2 DAYS ONLY!

URGENT! GOLD IS SOARING TO RECORD HIGHS! GOLD IS CURRENTLY AT OVER $1400 AN OZ. WITH THE CURRENT RISE IN GOLD & SILVER PRICES, WE ARE PAYING SOME OF THE HIGHEST PRICES AROUND!

95 out of 100 times WE BEAT OUR COMPETITION Come to us and we will prove it!

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WEDNESDAY, NOVEMBER 9th & THURSDAY, NOVEMBER 10th!

Starting this Wednesday at these 2 convenient locations: The Hilton New York Hotel and the Marriott Brooklyn Bridge.

Jewelry, Gold & Silver Bars, Watches, Coins, Precious Metals, Sterling Silver and Diamonds!

2 DAYS ONLY! WEDNESDAY, NOVEMBER 9th & THURSDAY, NOVEMBER 10th at the Hilton New York Hotel and the Marriott Brooklyn Bridge.

YOUR ITEM LIST

Take a few moments to check ✓ off the items you may have that we need!

- ✓ **JEWELRY:**
- ☐ Gold Jewelry
- ☐ Silver Jewelry
- ☐ Diamond Jewelry
- ☐ Wristwatches
- ☐ Pocketwatches
- ☐ Antique Jewelry
- ☐ Cameos
- ☐ Platinum Jewelry
- ☐ Charm Bracelets
- ☐ Gold Rings
- ☐ Garnet Jewelry
- ☐ Enamel Items on Gold & Silver
- ☐ Dental Gold
- ✓ **COINS & PAPER MONEY:**
- ☐ Silver Dollars (Pre-1935)
- ☐ Silver Coins (Pre-1964)
- ☐ Silver Bars
- ☐ Gold Bars
- ☐ U.S. Gold Coins
- ☐ Foreign Gold Coins
- ☐ Gold Bullion Coins
- ☐ Proof Sets
- ☐ Mint Sets
- ☐ Paper Money (1860-1934)
- ☐ Coin Collections
- ☐ Carson City Silver Dollars
- ☐ Indianhead Pennies
- ☐ Investment Coins
- ☐ Certified Coins
- ✓ **STERLING SILVER:**
- ☐ Silver Jewelry
- ☐ Flatware Sets
- ☐ Single Flatware Items
- ☐ Tea Sets
- ☐ Antique Items (all kinds)

PLEASE NOTE: We can arrange one of our representatives to visit your home if you have a large jewelry and coin collections.

STERLING SILVER

All Time Periods, Kinds & Types

We will pay up to for the following:

Centerpieces	Up To	$3,500
Claret Jugs	Up To	$750
Epergne	Up To	$8,000
Full Flatware Set	Up To	$8,500
Punch Bowls & Sets	Up To	$5,000
Single Flatware Items	Up To	$750
Tea Sets	Up To	$10,500
Trophies	Up To	$1,500

We Buy Any Type of Sterling Silver!

We purchase sterling silver of all types and makers. Rare and unusual items command the highest prices.

GOLD COINS

We pay up to the following for rare gold:

United States

*$1.00	1849 to 1889	*$5.00	1795 to 1833	*$10.00	1795 to 1804
*$2.50	1796 to 1834	*$5.00	1834 to 1838	*$10.00	1839 to 1932
*$2.50	1840 to 1929	*$5.00	1839 to 1908	*$20.00	1850 to 1933
*$3.00	1854 to 1889	*$5.00	1908 to 1929		

Your Coins Could be Worth Up To Hundreds — Even Thousands!

Check your items to see if you own any of these valuable coins:

$1.00	1849C	Up To	$10,500
$2.50	1796 Capped Bust large left side	Up To	$18,000
$2.50	1841 Quarter Eagle Liberty Head	Up To	$5,000
$3.00	1854D	Up To	$10,500
$5.00	1795 Small Eagle	Up To	$52,000
$5.00	1838D	Up To	$10,500
$5.00	1842C Small Date, 1861D, 1864S	Up To	$6,500
$5.00	1909O, 1929	Up To	$6,500
$10.00	1793 13 Leaves Below Eagle, 1796 9 Leaves Below Eagle	Up To	$20,500
$10.00	1859O, 1863S, 1875	Up To	$8,000
$20.00	1856O, 1854O, 1860O, 1861S, 1870CC, 1886, 1891	Up To	$10,500

WRIST & POCKET WATCHES

All Kinds, Time Periods & Types

Rare Watches Worth a Fortune in Cash! Pay up to for the following:

A. Lange	$25,500	Gallet	$1,250	Tiffany & Co.	$15,000
Audemars piguet	$32,500	Grubelin	$42,500	Ulysse Nardin	$10,000
Ball	$4,000	Hamilton	$500	Vacheron & Constantin	$26,000
Breitling	$15,000	Illinois	$1,500	Chronograph Watches	$16,500
Cartier	$12,500	Jules Jurgenson	$16,000	Ladies Watches	$11,000
Corum	$3,000	LeCourtte	$6,000	Musical Watches	$37,500
Ditishiem	$14,000	Longines	$13,000	Pocket Watches	$52,500
Dudley	$11,500	Movado	$2,500	Regular Watches	$11,000
E. Howard & Co.	$12,000	Omega	$2,500	Repeating Watches	$85,000
Elgin	$750	Rolex	$16,000	Stop Watches	$11,000
Frodsham	$12,000	Seth Thomas	$1,500	World Time Watches	$37,500

Breitling Up To $15,000

Rolex - All Kinds Up To $16,000

Pocketwatches Up To $52,500

Cartier Up To $12,500

Longines Up To $13,000

PLEASE NOTE: We also purchase watches that are NOT in working order.

SILVER COINS

Paying Up To 2000% of Face Value. 1964 or Prior.

Why You Should Sell Now!

The Economy & Market Value

The recent downturn of our economy during the last three years has caused gold and other precious metal prices to soar to the highest levels of all time. This is the reason this is best time to sell before prices drop.

Get Cash Immediately

Our professional staff will provide you with a speedy evaluation and make all payments in cash.

No Charge

We do not charge for our consultations. Find out how much cash your unwanted items will put in your pocket. Many customers have been surprised and delighted by the amount of money they received.

Safe, Secure & Friendly

Our showrooms are safe and private. Our staff is courteous and professional and we strive as a company to make your selling experience a pleasant one.

Licensed, Bonded & Insured

We are licensed, bonded and insured in all cities and towns in which we conduct business.

Help the Environment

Using recycled precious metals for jewelry is an important way for jewelers to source precious metals more responsibly. Precious metals that have already been used in some way, including "vintage," "renewed," or "reclaimed" metals from jewelry and electronics, are not directly implicated in the destructive impacts of mining. They do not share responsibility for the impacts of mining in the same way that newly mined gold does.

Satisfied Customer Testimonials

Really like it here! Everyone is very kind, great atmosphere. I have been back 4 times!
— C. Pace

I have been here 2 times and both times the people that work here were very friendly. I would definitely recommend this to my friends!
— J. Grace

It was really fast!
— A. Davis

I heard about this store from the radio and as soon as I got the chance I came to sell my unused jewelry. It was a great & friendly service and I will be back!
— J. Simek

My service was exceptional!
— C. Sweeney

Very informative & professional. A relaxed atmosphere & experience.
— D. Rees

The staff was helpful and friendly. I was able to take old jewelry and walk away with a handsome amount of money.
— D. Smith

I was offered a certain amount at one place and when I told RCFG the amount they beat the price by a good amount. People are very friendly and courteous.
— J. Bloomquist

Had fun selling my old jewelry that was broken. Received some extra cash for Springtime and our new puppy. I would recommend RCFG!
— C. Lang

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2

THE WORD

Metro's **Dorothy Robinson** shares her take on the world of gossip @dorothyatmetro dorothy.robinson@metro.us

Snooki laughing all the way to the bank

This gossip columnist is guilty of saying a few negative things about the force of nature that is **Nicole "Snooki" Polizzi**. And I'm not the only one.

"People are very, very rude to me. I'm probably one of the biggest celebrities who is bullied by people. The thing is, it doesn't get to me. In high school, I got bullied so bad that now I am such a strong person," the pint-sized star told Metro while promoting her new perfume "Snooki by Nicole Polizzi," which will debut on Nov. 25. "When people do talk about me, at least they are talking about me, you know? It's not really a big deal to me."

But one thing you can't make fun of her for? Her weight — girlfriend looks fantastic. Her secret? She stopped what got her famous in the first place. "I stopped drinking," she claims. "I hardly drink when we're not filming the show, so that helped a lot. Just eating right, grilled chicken, spinach, broccoli, lots of green tea and working out."

Her perfume is just one of the many products being branded by Snooki. She also has three books out, a self tanner, and a new mobile app called Snookify, and she's coming out with a new set of fake eyelashes next year.

From being bullied to selling her own brand of fake eyelashes. Is this a great country or what?

—With additional reporting by Cassandra Garrison

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DOROTHY ROBINSON'S WORD BLOG

▶ Yeater's booking photo from 2010.

Here's the woman causing the Bieber drama

It looks like **Mariah Yeater**, the woman claiming to be **Justin Bieber**'s baby mama, has a rap sheet. Above is a booking photo, taken last year on Dec. 21 in Las Vegas, when she was arrested for battery domestic violence, injury/destroying property and threatening telephone calls. The reason for the hubbub? Apparently, Yeater showed up at an old boyfriend's home, claiming he knocked her up (it is assumed it is the same baby that she later claimed Bieber fathered). A fight broke out, Yeater assaulted the guy, and she was arrested, according to TMZ.com.

This doesn't mean that Yeater isn't telling the truth about Bieber, but it certainly puts a dent in her credibility. There is no word on when the paternity test is scheduled, but maybe instead of blood work, they should just see if that baby can dance like Usher? That should settle things.

The feed ...

▶ Checking in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Richard Lewis is feeling tense, Sarah Silverman has trouble with flying, Eva Longoria is distracted by the weather, and Conan O'Brien is arguing with strangers.

▶ **@TheRichard Lewis:** If time stands still why can't I relax

▶ **@SarahK Silverman:** Dear planes: ur too heavy to float. I know there's a sciency answer but I'm still pretty sure we're gonna die

▶ **@EvaLongoria:** I'm driving in LA and its hailing on my car right now! This is crazy! I'm actually not driving and texting, that would be bad. It hailing on the car I'm in!!

▶ **@ConanOBrien:** Got in a fight about the Treaty of Versailles. I said the German fines were too punitive; the guy at Starbucks said buy something or leave.

Longoria

Talking points

Kelly Rowland needs to zip it

Rumors have been circulating that **Beyonce** and **Jay-Z** are expecting a baby girl, and it looks like Beyonce's former Destiny's Child bandmate **Kelly Rowland** just confirmed them. "I think she'll be very well behaved. Her parents will make sure of that," she said when asked about the baby, who is due in February, according to Hollyscoop.

How things stand between Stewart and Pattinson

Dating "Twilight" co-star **Kristen Stewart** reportedly has **Robert Pattinson** constantly on edge and "desperate for affection," according to Us Weekly. "He is always worried about her leaving him," a source says. "She will blow him off, and it makes him crazy." But another source isn't worried about the fate of their relationship, chalking it up to 21-year-old Stewart's youth: "Don't all people her age play games?"

PHOTOS: GETTY IMAGES

▶ Pattinson and Stewart

Lohan delays jail stint for Playboy

Lindsay Lohan was reportedly granted permission to delay her next jail stint by a week so she could finish up her work posing for Playboy magazine — which is good because the people at Playboy weren't happy with the first set of photos, according to Radar Online. "Lindsay was told that the Playboy executives wanted to go another direction with her shoot so they asked her to come back for a second time," a source says. "The first pictures of Lindsay weren't exactly what they wanted so they have a new theme that they want to shoot." Lohan will reportedly pose again this week starting Tuesday, and she's scheduled to grace the cover of the magazine's January issue.

myentertainment

A koala, a few singing legends and an early kickoff to Christmas

1. Well, if this picture doesn't get you through a Monday morning, I don't know what will. Susan Boyle (plus koala) posed during a visit to Wild Life Sydney on Sunday in Sydney, Australia.

2. Hot mama Jennifer Garner attended The Hollywood Reporter's annual Next Generation Reception held at Milk Studios on Saturday in Los Angeles.

3. Chaka Khan performed at the Rock and Roll Hall of Fame tribute concert honoring Aretha Franklin on Saturday in Cleveland, Ohio.

4. Janet Jackson performed live on stage at the Sydney Opera House on Saturday in Sydney, Australia.

5. Nick Cannon taped a segment for the 2011 Disney Parks Christmas Day Parade at Disneyland on Saturday. The show airs Christmas Day on ABC.

6. At Odyssey Arena on Saturday in Belfast, Northern Ireland, Selena Gomez attended a press conference for the MTV Europe Music Awards 2011, which she's hosting.

1: LISA MARIE WILLIAMS/GETTY IMAGES
2: ALBERTO E. RODRIGUEZ/GETTY IMAGES
3: JASON MILLER/GETTY IMAGES FOR ROCK & ROLL HALL OF FAME
4: RYAN PIERSE/GETTY IMAGES
5: PAUL HIFFMEYER/DISNEY PARKS VIA GETTY IMAGES
6: IAN GAVAN/GETTY IMAGES

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Boyz II Men return with a commemorative collection that features new tunes and re-recorded classics

SEAN GARDNER/GETTY IMAGES

'Motownphilly' back again

▶ Boyz II Men are still kickin' it just for you.

In the digital age, where most listeners purchase single songs online for $1.29, does it really make sense to re-record your hits and package them with new songs? If you're Boyz II Men, it's not just about enticing people to buy your entire album at a retail outlet, insists singer Nathan Morris.

"When you're signed to a major record label, they sign you for a certain time and after it's passed, you're allowed to re-record songs," he explains. "One of the reasons we thought it would be cool is that now we can re-record our songs and we can physically own the masters ourselves and we can license them to whoever we want to license them to, versus Universal having all the power and control over our songs."

Both the new songs and the newer versions of the hits on the group's recently released "Twenty" are in keeping with the spirit of the originals that made them one of the most successful R&B groups ever. And yes, their new album is called "Twenty" because they've been together for two decades. Morris says this milestone was very much present in their minds when they recorded.

"It was cool. The fact that we were able to perform all of these songs with the original producers is a good thing," he says. "It wasn't tedious at all. We perform these songs a lot on stage, and the fact is that we did those songs 20 years ago, and performing them now is different because now we have a whole different outlook on the songs."

PAT HEALY
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More with Morris

▶ ?uestlove

A few quick ?uestions

You and the Roots and ?uestlove go way back.
Yeah, we actually shared the same homeroom in high school. We come from the same everything, he graduated with me.

He's even in the "Motownphilly" video, right?
Yeah he's in there playing drums.

I almost didn't recognize him because he doesn't have the trademark afro.
Yeah, he has the dreads. That was the early years.

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TV watch list

▶ Did Barney's (Neil Patrick Harris) ducky tie survive Hurricane Irene?

'How I Met Your Mother'

COMEDY. Can a rubber ducky tie survive a natural disaster? In this flashback to Hurricane Irene, Barney sure hopes not. **8 p.m., CBS**

'Gossip Girl'

DRAMA. Princess-to-be Blair selects her bridal party by making her minions audition for a spot. Coming to The CW this winter: The new Upper East Side reality competition, "Headbands to Tiaras: The Search for Blair Waldorf's Royal Bridesmaids." (Or not. But how amazing would that show be?) **8 p.m., The CW**

'Terra Nova'

DRAMA. A meteor is heading straight for Terra Nova, and, well, we all know how that worked out for the dinosaurs. **8 p.m., Fox** AMBER RAY

'Puss in Boots' surprises with second box office win

▶ Antonio Banderas gives voice to "Puss in Boots," which conquered the box office for the second week in a row.

PARAMOUNT PICTURES

Animated film "Puss in Boots" held on to the domestic box office crown with a surprisingly strong second weekend performance that beat new Eddie Murphy comedy "Tower Heist."

"Puss in Boots" brought in $33.0 million at U.S. and Canadian theaters to finish first in the weekend box office race, according to studio estimates released on Sunday. "Tower Heist," which was favored to win going into the weekend, took second place with $25.1 million.

Another new comedy, "A Very Harold & Kumar 3D Christmas," earned third place with $13.1 million.

"Puss in Boots" was produced by DreamWorks Animation and distributed by Paramount Pictures, a unit of Viacom Inc. Universal Pictures, a unit of Comcast Corp., released "Tower Heist." Time Warner unit Warner Bros. distributed "Harold & Kumar." REUTERS

The top 5

- **"Puss in Boots":** $33 million
- **"Tower Heist" :** $25.1 million
- **"A Very Harold & Kumar 3D Christmas":** $13.1 million
- **"Paranormal Activity 3":** $8.5 million
- **"In Time":** $7.7 million

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Ben, meet Eddie

COURTESY OF UNIVERSAL PICTURES

▶ Ben Stiller and Eddie Murphy are co-conspirators in "Tower Heist."

Stiller and Murphy team up for the first time in 'Tower Heist' ◐ 'I never look to be funnier because that just doesn't work,' says Stiller of his co-star

Filming in NYC

Since this film centers around a prominent Central Park building, Stiller commented on the most noticeable contrasts between L.A. and New York.

▶ "I think what you notice when you're in L.A. is that you don't have to deal with the elements. Jerry Seinfeld said to me recently, 'I like living in New York because it's harder.' He likes that you have to deal with the winter and life is a little bit tougher. I think that's something that shapes who New Yorkers are. There's a lot of people in one place and I think that's a good thing — where people have to interact with each other on a daily basis"

It's hard to believe that two of the most prominent figures in modern comedy — Eddie Murphy, 50, and Ben Stiller, 45 — have never crossed paths before their most recent release, the comedy-caper film "Tower Heist." But not surprisingly, the two were anxious to work together for this movie, which was largely improvised.

"The comedy comes out of the characters; so for me, I wasn't looking to see how funny I could be," Stiller says. "And then of course when you have Eddie Murphy in the movie, it takes a lot of the pressure off. I never look to be funnier because that just doesn't work."

Quoted

"I'm looking forward to doing it and I promise I'll stay there all night."

MURPHY ON HOSTING THIS YEAR'S OSCAR CEREMONY

Stiller pauses in front of a packed room of journalists to mock himself with an imaginary headline. "Stiller: Not looking to be funnier. Maybe he should," he says.

Murphy conceived of the original idea for "Tower Heist" many years ago, though it's since been given a very timely twist. It centers around a Bernie Madoff-like businessman (played by Alan Alda) who swindles his employees out of their pensions. Angered by the fraud, some rogue vigilantes out of the group devise a plan to steal the money back. Given that the Occupy movement persists in many cities in the U.S. and elsewhere, Stiller noted the connection between the film and the headlines.

"I think there's a lot of frustration out there that's valid and that's probably what the Occupy Wall Street is an expression of," he says.

But don't get them wrong. "Tower Heist" is no grim exploration of dire economic times. With the ensemble cast that includes Casey Affleck, Matthew Broderick, Michael Pena and Gabourey Sidibe, there were many spontaneously hilarious moments in the film. Murphy remembers — or perhaps fabricates? — filming a scene in which his character flirts with Sidibe's.

"[Director Brett Ratner] whispered 'dim the lights!' Then, all of a sudden, Gabourey's top is off," he says. "And then it became a whole different type of scene. Ben was completely nude, just watching. I'm saying, 'what's happening?' [Producer Brian Grazer] is like, 'just go with it.' We go with it for about 40 minutes. I've never been in a scene like that. You'll have to get the DVD."

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Felicity Jones bares it all

The 'Like Crazy' star on the film's heavily improvised, nonstop filming and how it changed her approach to acting What the British actress does to decompress

British actress Felicity Jones makes a name for herself with "Like Crazy," a lyrical portrayal of a young couple (Jones and Anton Yelchin) dealing with the harsh realities of romance at odds with the practical world. It's a bold, emotionally honest performance, and one Jones had to maintain throughout shooting. The heavily improvised film was shot nearly round-the-clock, with the two leads never knowing what exactly would make it on screen. An odd working experience, to be sure, but one Jones says changed her life.

You were pretty much in character constantly during the shooting of this movie. How was that?

You just have to live and breathe it for the time that you're making the movie, so you don't have the mindspace to think about anything else but that. We were all at a point in our lives where we wanted and were able to just completely immerse ourselves in this project. We just spent every minute of the day with each other. It became this rather intimate triumvirate with Drake, Anton and I. We all felt that we wanted to make something unusual and wanted to be brave and not be conventional.

How has your approach to other projects changed after working this way?

I found after "Like Crazy," it was a revolution in many ways, in that all the ideas I'd had about acting and about performance were completely changed. After "Like Crazy," I felt this incredible calmness that I'd never had before. As an actor, because you don't have control over the whole product, you become quite the perfectionist. But after "Like Crazy" I suddenly just felt more relaxed about letting things be, and that the whole ethos of improvisation is that interesting creative things will happen if you relax. I took that mantra with me. I think every few years there's a job that completely changes everything, and "Like Crazy" was one of those jobs.

COURTESY OF PARAMOUNT PICTURES

▶ Felicity Jones poses on the set of "Like Crazy," now in select theaters.

Q&A

How do you decompress from making a film?

Um ... lots of alcohol. (laughs) Don't put that in. Just reading and watching movies, and moving very little from the couch to the kitchen is the main thing.

Vital stats

Age: 27
Past work: The Oxford-educated actress has appeared on camera in such British staples as "Brideshead Revisited" and "Doctor Who."
Earning acclaim: Jones won a Special Jury Prize at the 2011 Sundance Film Festival for her performance in "Like Crazy."
Up next: Jones can soon be seen in the BBC thriller "Page Eight" and "Hysteria," about the invention of the vibrator. She also recently completed filming a second feature with "Like Crazy" director Drake Doremus.

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News in brief

Small-business employment falls again in October

Small businesses shed employees for a fifth straight month in October, but the pace of layoffs moderated, a survey showed on Thursday.

The National Federation of Independent Business said employment fell by an average of 0.1 per firm from 0.3 in September, according to its survey of 2,077 small businesses.

The NFIB survey showed 12 percent of small-business owners added an average of 3.2 workers over the past few months, while 11 percent reduced employment by an average of 3.6 workers, an improvement from September.

The remaining 77 percent of owners made no net change in employment, with just under a third reporting few or no qualified applicants for positions.

REUTERS

Outlook for health care administration promising

The field will see an average salary increase of 3.4 percent next year, says report New legislation details

PHOTOS.COM

"Health care administration is very much in demand. It's one of the hottest functional roles we have," says Pigat.

There's no such thing as a recession-proof job. But health care, specifically on the administration end, is looking increasingly secure. A recent survey released by staffing and job-search service, Robert Half International projects an average increase of 3.4 percent in salary next year for positions such as third-party billers, with some jobs seeing salary bumps of more than 8 percent.

What exactly defines an administrative position in health care? "Anything that doesn't touch a patient," explains Daryl Pigat, a market manager at Robert Half. This includes medical billing managerial and support roles, insurance claims analysts, health care claims processors and even customer service positions.

New health care legislation is partly responsible for the increased openings in health care administration. "The health care reform legislation on the surface provides for a number of job opportunities in the future," says Craig B. Garner, a former CEO of a community hospital and current CEO of consulting service Garner Health. "Health care reform is primarily a collection of pilot programs, preventative health care services and forward-thinking research."

"Health care reform is primarily a collection of pilot programs, preventative health care services and forward-thinking research."
CRAIG B. GARNER

Specifically, Garner is interested in Title V in the reform, a section that addresses the health care work force. "[In Title V] you can find commissions, grants, student loan programs, recruitment and retention programs, as well as training and educational opportunities, all with ample funding to support a new generation of health care workers," he says.

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How you can tap into your inner genius

It doesn't require any superhuman abilities, says Gina Rudan, author of 'Practical Genius' The five steps to turn you into an office rock star

Genius generators

Rudan recommends finding the following types of people to help you bring out your full potential.

- **Yodas:** Your mentors
- **Ambassadors:** "Connectors," she says. "People who are going to introduce you to others and be your cheerleader."
- **Fat brains:** People under 30. "They are brilliant. I think that a 'fat brain' should sit on every corporate board. Multigenerational relationships work."

MEREDITH ENGEL
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POLKA DOT

All that self-examination helped her give one kick-butt presentation.

1 Identify your genius: "Take time to do a self-diagnosis of the six ingredients that I argue contribute to genius: values, passion, creative abilities, strength, skills and expertise. People have been conditioned to focus on their professional identity, so they don't really think about their values. Then I ask them to think about their professional hard assets, which are strengths, skills and expertise."

2 Surround yourself with genius: "Look at who you are spending your time with. Sometimes, you have to remove people. That is the hard reality."

3 Express your genius: "'Express' is about telling your true story. Check out your résumé. Is it showing the whole picture, or just half of who you are? If you have a blog, are you truly expressing all sides of yourself? Most of us only express one side of who we are: Moms tell mom stories. Lawyers tell lawyer stories. Doctors tell doctor stories. Expressing genius is about really sharing the full story of who you are."

4 Sustain your genius: "This is about paying attention to what you eat, exercising and feeling the body. This is a lifestyle proposition. A lot of people know what they should be doing to stay healthy, but not a lot of people make the connection that if you don't take care of your body and mind, you are losing competitive advantage."

5 Market your genius: "Everyone has this bittersweet opposing force within them, which I call a 'paradox.' Everyone should market their paradox. A lot of us try to conform and be one way, or be what our organization wants us to be. That's not appealing. You need to out your difference, and that means that if you play in a band and you are a CEO, you need share that. If you are a lawyer who is also a former graffiti artist, well, that's fascinating. People care about how different you are, how unique you are."

What impedes genius?

- Lack of sleep
- Conformity
- Routine
- Surrounding yourself with the wrong people
- Eating poorly
- Not finding time to unwind

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'Freshman 15': just a myth?

College students do gain some weight, but it's less than popularly believed, shows a new study

CREATAS

▶ The researchers also examined what happened to the students' weight after graduation and found they typically gained another 1.5 pounds a year in the first four years after college.

The idea that college freshmen gain an average of 15 pounds in their first year of school is simply untrue, the co-author of a new study said last week. In fact, the average is really between 2.4 pounds for women and 3.4 pounds for men.

"Not only is there not a 'Freshman 15,' there doesn't appear to be even a 'College 15'," says Jay Zagorsky, research scientist at Ohio State University's Center for Human Resource Research and co-author of a study on college weight gain.

No more than 10 percent of all college freshmen gained 15 pounds or more — and a quarter of freshmen reported losing weight during their first year.

The results show that college students gain weight steadily during their college years, with women gaining on average seven to nine pounds, and men between 12 and 13 pounds.

Zagorsky says that most of us do gain weight as we get older, and "it is not college that leads to weight gain — it is becoming a young adult."

The study, conducted with the University of Michigan Dearborn, used information from a study of more than 7,000 people nationwide. The National Longitudinal Survey of Youth 1997 interviewed people between the ages of 13 and 17 in 1997 and continues to interview the same people each year since then. REUTERS

Weighing in

- A variety of factors thought to be associated with freshman weight gain were considered, including living in a dormitory, going to school full or part time, pursuing a two-year or four-year degree and heavy alcohol drinking (the consumption of six or more drinks on at least four days per month).
- What made a significant difference in weight gain was heavy drinking. Heavy drinkers gained less than a pound more than students who did not drink.

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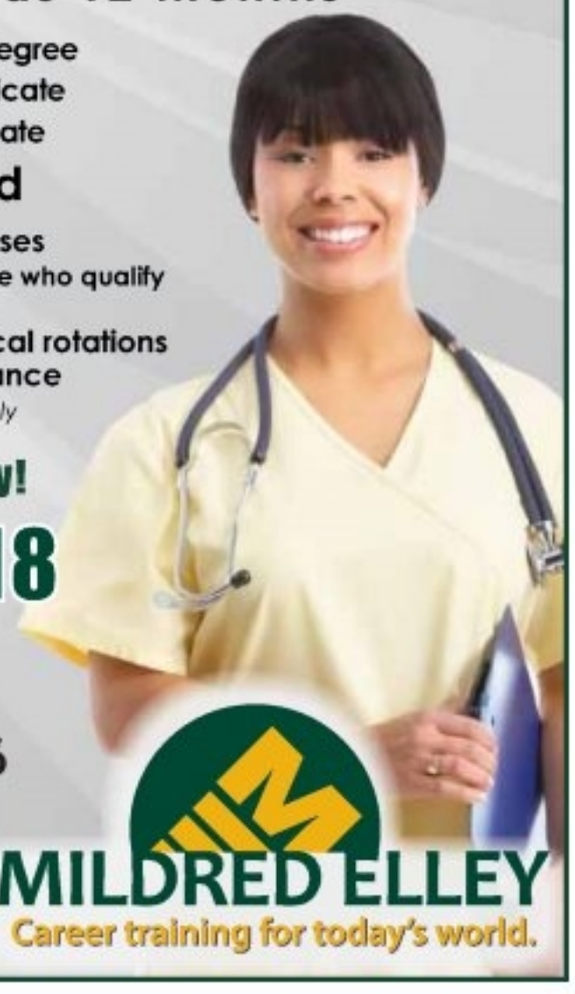

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Letters

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Just try not paying taxes

RE: "TAX STUDY: BIG FIRMS DON'T PAY": If I, like 30 American corporations, even attempted to not pay federal income taxes I would be in federal prison faster then a Republican could vote down a tax increase. The double standard is truly killing America. Companies are sitting on trillions of dollars and the GOP wants to cut benefits to the old and sick, who have not only paid for but earned those benefits.
ANTONIO BENJAMIN, VIA E-MAIL

Under the current tax system there is no incentive for corporations to pay taxes and every incentive for them to avoid them. Perhaps corporations who do pay taxes ought to be rewarded — they could be given votes for every state in which they actually pay tax. **WALTER ZIOBRO, VIA E-MAIL**

OWS, Tea Party on right track

Government deserves a lot of blame for refusing to protect the free market by enforcing the antitrust laws and pleasing Wall Street by allowing mega ultra global conglomerate oligopolies to become the norm in America. The other half of the blame resides with the traitors on Wall Street who bet against America and purposely tanked not only business but the entire economy for their own gain while with their other hands they took billions in taxpayer money which they then ruthlessly used to bankrupt and destroy any small business they could. Time for Americans to wake up and realize that the free markets have been gone for a long time and American business no longer operates by capitalism.
DOUG BROWN, VIA E-MAIL

E-mail your letters: **letters@metro.us**
Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact information.

What about Bill Clinton?

Herman Cain is under a vicious attack for some undisclosed sexual harassment claims by unknown alleged victims. What about the long list of ladies who claimed rape, intimidation, bruising, sexual assault and/or unwelcome sexual advances at the hands of former President Clinton?
JOSEPH DUPONT, VIA E-MAIL

Obama behind Occupy protests

Reports claim the OWS movement is supported by anti-capitalist union bosses and tax-funded "community organizers" connected to the Obama administration. No surprise there.
FRANK STGEORGE, EAST ROCKAWAY

Horoscope

♏ Scorpio **Oct. 24-Nov. 22.** Instead of pushing for something you think you want, let life happen. You're likely to have the most fun just hanging around with good friends.
♐ Sagittarius **Nov. 23-Dec. 21.** Even if others don't understand what you're doing, because of the successes you've had in the past, the general consensus is likely to be supportive.
♑ Capricorn **Dec. 22-Jan. 19.** If you're prepared to give a lot in order to get a little, your probabilities for accumulation will be much greater than usual. You'll be surprised at how quickly your returns will add up.
♒ Aquarius **Jan. 20-Feb. 19.** Someone might have to remind you to take adequate time to reach a decision regarding important issues. If you rush your thinking, some important facts will not be considered.
♓ Pisces **Feb. 20-March 20.** Unless you can tell the difference between someone who is trying to help you get a better deal and another who is hoping to take advantage, you might believe the best sales pitch.
♈ Aries **March 21-April 19.** Don't be judge, jury and prosecutor when engaged in a group endeavor. It's OK to voice your opinion, but let others have the last word.
♉ Taurus **April 20-May 20.** Instead of endlessly finding fault with family members who think differently than you, help them see things in another light and then let them decide how to change their ways.
♊ Gemini **May 21-June 20.** If you do nothing but help youngsters find their own way in life, you'll accomplish a great deal. Providing wise counsel to those who need it is one of the best services you can offer.
♋ Cancer **June 21-July 22.** Be grateful for any kind of returns you can put on the plus side of the ledger. Not all objectives are achievable, but, many times, substitutes can be found that'll serve the purpose.
♌ Leo **July 23-Aug. 22.** Instead of wallowing in despair, focus on the problem at hand and you'll find measures that can be taken to rectify what you thought was a bum deal. Don't settle for a loss.
♍ Virgo **Aug. 23-Sept. 22.** No matter how juicy the news, keep the confidence that another placed in you when they told you something that is not for other people's ears.
♎ Libra **Sept. 23-Oct. 23.** Most of the time it is those very things that cost nothing that bring us the greatest pleasure in life. It's likely to be one of those days when this is apt to be the case. **BERNICE BEDE OSOL**

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33 We, in Le Havre
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38 Proclaims
41 "__ __ Man Answers"
42 Abominable Snowman
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Down
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2 Twinge
3 Flower
4 Basso __ Hines
5 Ms. Loos
6 Fleshy mushroom
7 West Coast st.
8 Got a mortgage
9 Large number
10 An Astaire
11 Dumb mistake
12 At __ __ for words
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49 More miserly
50 Loud noises
51 Craggy abode
52 Intense beam
54 Egg protector
56 Go it alone
58 New Mexico town
59 Malaria symptom
60 Swimming pool tester
63 Greet, as a dog

				1	8		3	
5	7	3	4	2	9			
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2					1			
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SUDOKU **LEVEL: EASY**

1			8			9		
		3		2				5
	2		9	1			7	
		5	2		3			
3			4		6			2
			5		1	7		
	8			6	9		4	
6				4		1		
		1			8			6

SUDOKU **LEVEL: HARD**

How to play Sudoku: Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

SUDOKU SOLUTIONS: **WWW.METRO.US/PUZZLES**

Solution to weekend's crossword

F	R	A	U	■	■	S	U	I	T	■	J	O	L	T
R	E	I	N	■	B	U	R	R	O	■	U	R	I	S
E	A	R	P	■	E	P	S	O	M	■	J	E	E	P
D	R	Y	A	D	S	■	A	N	T	■	I	O	U	S
■	■	■	C	O	I	F	■	S	O	F	T	■	■	■
T	A	N	K	E	D	U	P	■	M	O	S	A	I	C
E	G	O	S	■	E	E	L	S	■	R	U	M	O	R
S	G	T	■	■	S	L	A	P	S	■	■	E	N	E
T	I	E	R	S	■	S	I	A	M	■	O	B	I	E
S	E	D	A	T	E	■	D	R	A	W	B	A	C	K
■	■	■	W	A	S	P	■	S	L	O	E	■	■	■
W	I	S	H	■	C	A	T	■	L	O	L	L	E	D
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JETS AT TOP OF THE HEAP

Win over Buffalo, combined with Pats loss against Giants moves Gang Green to tie atop AFC East Offense dominates second half against Bills

JETS (5-3)	27
BILLS (5-3)	11

RICK STEWART/GETTY IMAGES

▶ Former Bill Aaron Maybin didn't have any sacks, but he did force a hurried throw that resulted in an interception.

What went wrong ...

1 Sloppy Sanchez — Mark Sanchez ruined what would have been an otherwise good afternoon with some easily avoidable blunders in the first half. On their first possession, the Jets marched down the field to Buffalo's seven-yard line only to have Sanchez throw a bad pick. He fumbled a snap just before the half also.

2 Killer penalties — Undisciplined, sloppy play marred the afternoon and consistently stifled Jets drives. They had nine penalties for 60 yards — though most came in the first half.

3 Injury bug — In the second quarter, tight end Dustin Keller tried to go the extra yard by hurdling a Bills defender. Instead, he was upended and landed on his head. With defensive end Mike DeVito out and both Marcus Dixon and Sione Pouha leaving the game with injuries, the Jets were as thin as an Olsen twin along their defensive front.

KRISTIAN DYER

What went right for the Jets ...

1 Getting physical — In their first game after the bye week, the Jets didn't shy away from physical play. Head coach Rex Ryan said they put pads on this past Wednesday to emphasize tackling and getting back into the rhythm of hitting. It worked.

2 Getting Greene going — It wasn't the 112-yard effort from Week 7, but it was another solid effort from Shonn Greene. His 76 yards on 19 carries helped open things up for Mark Sanchez to orchestrate three Jets scoring drives and build a significant edge in time of possession. He got dinged up in the fourth quarter, but Greene ran hard all afternoon long. He didn't have a run longer than 10 yards all afternoon.

3 Fourth and strong — On the second play of the fourth quarter, with the Jets holding a 20-3 lead and the ball on the Jets' 16-yard line, the Bills faced a fourth and inches. Buffalo turned to their monkey maker, running back Fred Jackson, who was supposed to follow his lead blocker and plow right through the tackles. Instead, Bart Scott went around the edge and tackled Jackson at the knees for a turnover on downs.

Good day, bad day

Good day
The Dolphins finally have a win in 2011. Matt Moore threw for 244 yards and three TDs yesterday as the AFC East cellar-dwellers hammered the Chiefs, 31-3. Reggie Bush had 92 rushing yards and a TD for Miami, which was actually outpossessed, 34:39-25:21.

Bad day
Let's hope Andrew Luck looks good in blue and white. The putrid Colts dropped to 0-9 on the season yesterday with a 31-7 loss at home against the Falcons. Atlanta WR Julio Jones had the game of his short career, catching three passes for two TDs and 131 yards — a 43.7 ypc average.

Scott enjoys being 'bad'

It's become as predictable as an African runner winning the New York City Marathon. Jets win. Jets talk.

After yesterday's big win Bart Scott was the one who stepped up.

"We've always been portrayed as the bad guys, but we relish in that role," Scott said.

GETTY IMAGES

▶ Scott

Scott came up with a huge fourth-down stop in the red zone in the fourth quarter.

"I'm sure now there's going to be something written about the Jets being back," Scott said. "We won't listen to that either, because ... we know [the media] don't know what the hell you're talking about." METRO

Next for the Jets

New England visits the Jets for a Sunday nighter this week (8:20 p.m., NBC).

The Patriots beat New York 30-21 on Oct. 9. The New England defense shined in that one. but the Jets have not lost since.

GIANTS 24 | PATRIOTS 20 **Up next: at 49ers**

▶ Jake Ballard catches the eventual game-winning touchdown with 15 seconds left.

JIM ROGASH/GETTY IMAGES

DEJA VU

◗ Manning leads late drive to defeat Pats in a copy of Super Bowl XLII finish ◗ Ballard plays hero this time

It all felt so familiar.

A late touchdown pass from Tom Brady. A last-minute drive from Eli Manning to try to earn a win. There was even an unbelievable catch from an unknown receiver. No helmet necessary this time.

In the first game between the Giants and Patriots since the epic Super Bowl XLII the Giants drove the field with 1:36 remaining to score the go-ahead touchdown. They would win 24-20. Tight end Jake Ballard, who was expected to be mostly a blocker going into the year, has emerged as a threat for Manning this year.

It was Ballard who made a tremendous diving catch for 28 yards on third-and-10 from the Giants' own 39. And then, after Victor Cruz drew a pass interference call in the end zone, it was Ballard who caught the game winner with 15 seconds left.

"Well, to throw it down the middle of the field and then he goes up and gets that one," Giants coach Tom Coughlin said of the third-down catch. "I mean, they are coming to take the ball away there."

"Patriots are a heck of a football team. It was a heck of a game."
TOM COUGHLIN, GIANTS COACH

The win was a jubilant one for the team. In the locker room after the game the Giants picked up Coughlin on their shoulders. Coughlin joked he was worried they would drop him on his head.

"This was a tough game," Patriots head coach Bill Belichick said. "We had our chances; we just came up a little short. The Giants are a good football team. They did a good job and we've just got to do a little better than we did."

The win put the Giants (6-2) up two games over the Cowboys in the NFC East as they head to San Francisco next week.

MARK OSBORNE
mark.osborne@metro.us

What went right ...

1 **No blitz necessary** — Much like their shocking Super Bowl XLII win to culminate the 2007 season, the Giants used a base 4-3 look with minimal blitzing to disrupt and frustrate Patriots quarterback Tom Brady.

2 **No more streaking** — The Giants' defense deserves extra kudos for their overall performance, but most notably in the first half. Big Blue did something no opponent has done since 2006 — a 74-game streak — when they held the Patriots scoreless in the opening half.

3 **Injury boom** — Brandon Jacobs stopped brooding long enough to play his most effective game all season. Missing starting back Ahmad Bradshaw, who didn't travel with the team, the Giants leaned heavily on its hulking runner. **TONY WILLIAMS**

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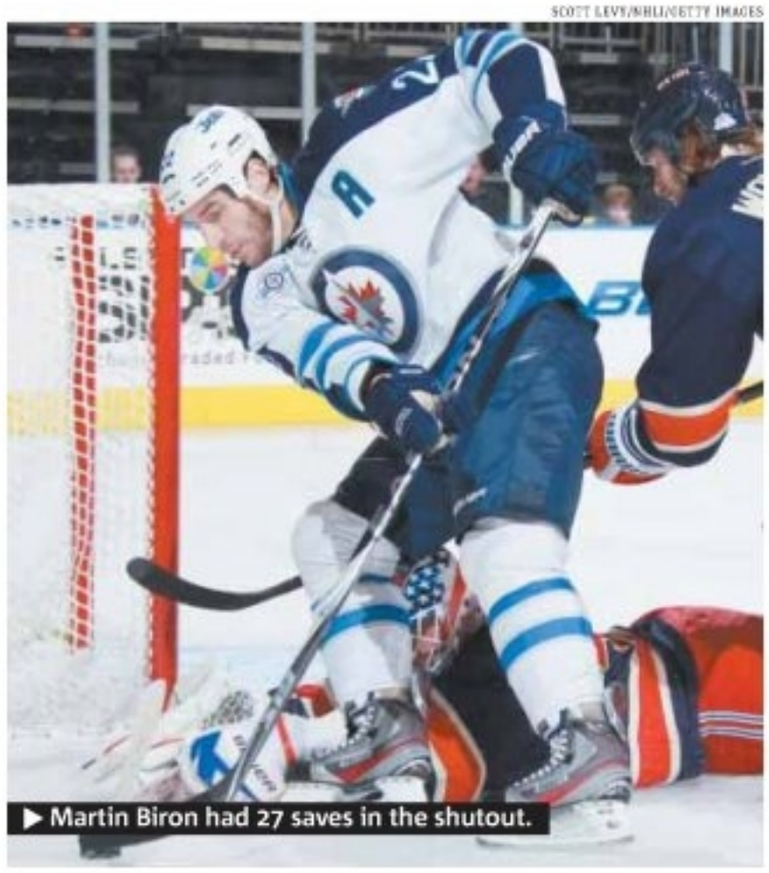
Rangers soar past Jets

Blueshirts grab easy win over bad Winnipeg squad ◗ Gaborik scores twice, while Biron steps in with a shutout ◗ Team on four-game win streak

SCOTT LEVY/NHLI/GETTY IMAGES



▶ Martin Biron had 27 saves in the shutout.

John Tortorella was emphatic in his belief that last night's match was important despite the quality of the opponent.

Yes, the Rangers had won three in a row against San Jose, Anaheim and Montreal, but the coach looked at both the short- and long-term impact of the two points that were up for grabs.

"When you go into back-to-back situations, and we're 3-1-1 in our homestand right now, these are huge points come March and April," Tortorella said before the Rangers' 3-0 win over the reincarnated Winnipeg Jets at the Garden on Sunday night.

Marian Gaborik had two goals and an assist, and Derek Stepan had a goal and an assist. Martin Biron turned away 27 shots for his 27th career shutout, but his first since a 5-0 whitewash of the Buffalo Sabres while he was still a member of the Islanders.

Stepan's power-play bullet from the left faceoff circle opened the scoring 10:01 into the second.

Gaborik's slam dunk goal 8:31 into the third period gave the Rangers a 2-0 lead and ended any pretense of drama.

DENIS GORMAN
sports@metro.us

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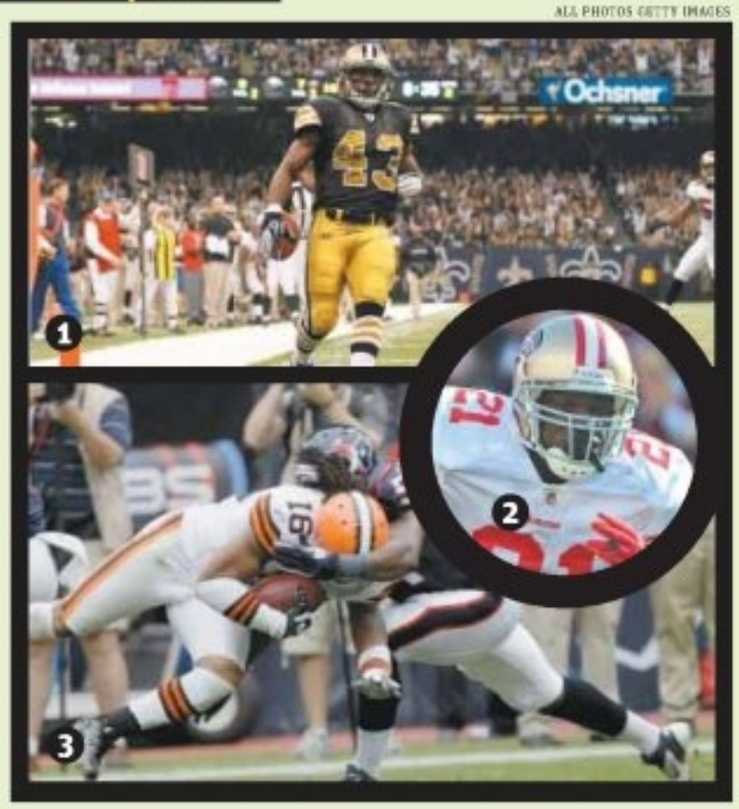
0/4
The Rangers killed all four of the power plays Winnipeg had in the game. The Rangers scored on one of their six chances.

5:21
Sean Avery played for just over five minutes against the Jets. He played 4:46 against Montreal on Saturday in his first game.

NFL in pictures

ALL PHOTOS GETTY IMAGES



1 SAINTS 27, BUCCANEERS 16
New Orleans bounced back from a surprising defeat by the Rams last week to earn a win over division rival Tampa Bay. Darren Sproles had 99 total yards and a touchdown, while Drew Brees passed for 258 yards and two touchdowns.

2 49ers 19, REDSKINS 11
San Francisco (7-1) just keeps marching along, as they won their sixth-straight game. The Niners' defense forced three turnovers, while Frank Gore ran for 107 yards. David Akers made four field goals as well.

3 TEXANS 30, BROWNS 12
The increasingly inept Browns fell behind 24-3 at the half as Houston cruised to their third straight win. Cleveland was outgained by more than 200 yards, including 261 to 44 on the ground as Peyton Hillis missed another game. Houston was 9-of-14 on third down.

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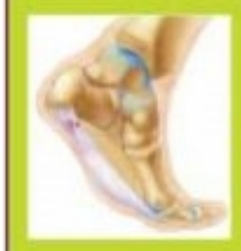

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Homes

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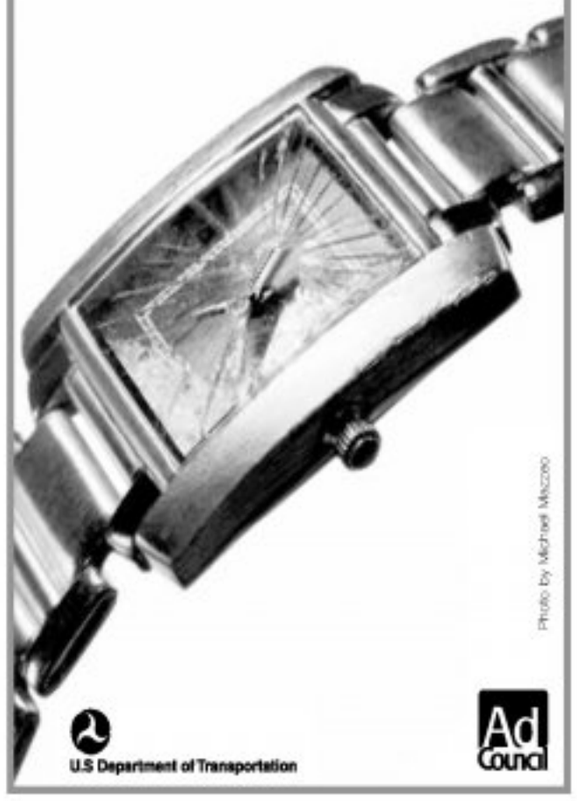
This is the watch Stephen Hollingshead, Jr. was wearing when he encountered a drunk driver.

Time of death 6:55pm.

Friends Don't Let Friends Drive Drunk.



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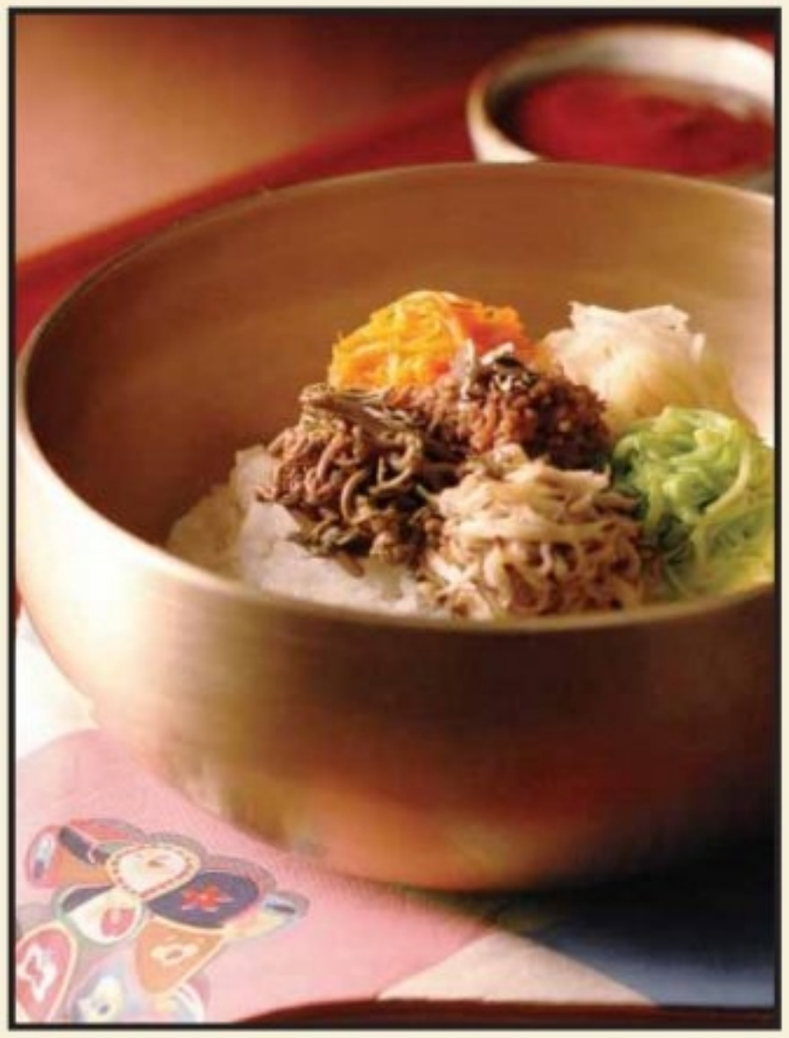

When was the last time you tried Korean food?

A recent food survey found that, on average, Americans eat only three Korean meals per year and that a full 60% do not eat Korean food at all. Much of that may have to do with familiarity with and access to Korean cuisine and Korean food products. But here in NYC, Korean food is readily available. And nowhere is it more prevalent than on 32nd Street — in Koreatown.

The two blocks between Madison Avenue and 6th Avenue on 32nd Street have over a dozen highly regarded Korean restaurants, as well as a number of grocery stores and other Korean food establishments — all of which are there to help New Yorkers and its visitors experience traditional and contemporary Korean cuisine.

Koreatown mainstays include the 24/7 DIY BBQ at Kang Suh; the exceptional food and wine pairings at Don's Bogam; Kunjip, one of the most popular Korean restaurants on 32nd Street; and the excellent BBQ at Miss Korea BBQ. These and the many other restaurants in the area show why Korean cuisine is one of the most underrated of Asian cuisines. And just a bit east of its 32nd Street sister restaurant Hangawi, is Franchia, a quiet, serene teahouse that also serves excellent vegetarian Korean cuisine.

But beyond 32nd Street lies a whole world of Korean restaurants as well. "The Big Apple" boasts a number of popular and well-regarded Korean restaurants above and below 32nd Street, including the West Village's Do Hwa, serving cook-it-yourself cuisine in stylish surroundings; TriBeCa's Kori, serving elegant food in a beautifully simple space; Mono + Mono in the East Village, where Korean fried chicken is seasoned with classic jazz music; and B-Bap Fusion Rice Bar in the west 50's, where you can customize rice or noodle dishes to your liking.

An excursion to any of these locations — or perhaps a place near you — will unlock a whole new world of delicious dining options.

Masitkke deuseyo (bon appétit)!

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